

## **Report on the information campaign "Protect yourself from the sun - 2024"**

**15 - 24 July, 2024**, the Ozone Center staff conducted an information campaign "Protect Yourself from the Sun - 2024" in summer children's camps in the Issyk-Kul region. The main goal of the information campaign was to provide comprehensive information to children, supervisors and management of children's camps about the problems of stratospheric ozone layer depletion and increased levels of ultraviolet radiation (UV), as well as its harm to the health of children and adults. In addition, the campaign introduced methods of protecting people from the harmful effects of UV radiation. The key objectives of the campaign were to develop and disseminate information materials, such as brochures, posters and videos, explaining the effects of UV radiation on health and offering practical recommendations for protection.

The program included a short lecture "The Ozone Layer and Protection from Harmful UV Radiation"; watching of the educational film "Protection from Ultraviolet Radiation"; presentation of the poster "Safety at the First Place" and brochures "Protection from UV" and "The Montreal Protocol and Human Health". Children were given a factsheet on protection from solar UV. More than 2,500 children from camps of the Issyk-Kul region took part in this campaign.

During the campaign, 40 posters "Safety First" in Kyrgyz and Russian languages, and 100 brochures "Protection from UV" and "The Montreal Protocol and Human Health" were distributed in the camps.

During the campaign, children in the camps learned about the dangers associated with long-term exposure to solar ultraviolet radiation. They also learned about various diseases such as melanoma, basal cell carcinoma and squamous cell carcinoma, as well as cataracts of the eye, which can occur with improper sun protection. Children acquired skills in choosing the right beachwear, using sunscreen and wearing sunglasses.

### **List of children's camps and the number of children who took part in the information campaign:**

#### **1. Children's health camp "Mayak" (Issyk-Kul region, Sary-Oy village):**

**Number of children: 360**







**2. Children's health camp "Dzerzhinets" (Issyk-Kul region, Chok-Tal village):**  
**Number of children: 250**



**3. Children's camp "Zhalyn" (Issyk-Kul region, Kosh-Kol village):**  
**Number of children: 315**





**4. Children's camp "Kelechek" (Issyk-Kul region, Kosh-Kol village):  
Number of children: 450**



**5. Children's health complex "Aikol" (Issyk-Kul region, Sary-Oy village):  
Number of children: 215**





**6. Children's camp "Den Sooluk" (Issyk-Kul region, Cholpon-Ata):  
Number of children – 340**



**7. Children's health complex "Altyn-Balalyk" (Issyk-Kul region, Cholpon-Ata):  
Number of children: 400 (10 groups)**





**8. Children's camp "Ulan" (Issyk-Kul region, Toru-Aygyr village):  
Number of children: 120 (3 groups)**



**9. Children's sports and health camp "Barchyn" (Issyk-Kul region, Sary-Oy village):  
Number of children: 350**





## Conclusion

The information campaign was successfully completed. Ozone Center staff visited 9 children's camps in the Issyk-Kul region and provided information on the problem of ozone layer depletion and the impact of increased levels of ultraviolet radiation. 2,500 children took part in this campaign. During the campaign, each children's camp was given specially created information materials, including brochures on how to protect against ultraviolet radiation. In addition, bright posters were placed in the camps, visually explaining the harm of ultraviolet radiation and its consequences. These posters were placed on information boards and in the buildings of all camps so that each child and other campers could easily familiarize themselves with important information.

Ozone Center staff actively interacted with the participants of the meetings. They explained in detail how much time it is safe to spend in the sun, how to choose sunglasses and what precautions will help to avoid sunburn from UV, and answered all the questions of the children and supervisors.

As a result of the events, children and camp staff received not only theoretical knowledge, but also practical skills necessary to protect health from solar UV. Participants learned how to properly use sunscreens and other protective equipment. This knowledge will help them not only in their vacation at the lake, but also in everyday life, making them more aware and protected from the harmful effects of sunlight.

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